



PROFESSIONALS FOR HUMANITY (PROFOH)

Medical . Water . Education

NEWSLETTER
First Quarter 2016

Inc. / Germany, Ghana, Ireland ,Nepal, Nigeria, South Africa, USA
www.profohmed.org

"No act of Kindness, no matter how small, is ever wasted." Aesop

About us Professionals for Humanity (PROFOH), is a global non-profit, medical and social humanitarian organization under the 501 status in the United States that is also incorporated in Germany, Ghana, Ireland, Nepal, Nigeria and South Africa. It has presence in Egypt, Brazil, Italy, Serbia, Ivory Coast, Honduras, Jamaica, Benin, Liberia, Cameroon and the United Kingdom.

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Greetings to all members and volunteers of PROFOH.

Last year, our organization made some difference in the lives of numerous people across the world with two medical mission one in Nigeria the other in Honduras. We also had a fair share of challenges, especially with underfunding. In spite of these, we positively impacted thousands of lives in Nigeria, Ghana, Nepal and Honduras with drinking water, education and quality health care. A million thanks to our members and volunteers for giving your time and resources. You made it possible for PROFOH to stay at the front lines.

PROFOH INCORPORATED IN IRELAND



Photo: Images of the beauty of a great country where PROFOH is now flying its flag.

The Board of Directors expressed their profound gratitude to the Irish Country Director Mr. Olayinka Ajiboye and his team in Dublin. Our organization was registered on the 21st August 2015 by the registrar of companies in Dublin. The PROFOH headquarters is presently in County Kildare, Newbridge, some 17 miles south of Dublin. However, efforts are on to secure an administrative office in the capital city Dublin. Ajiboye and his team has worked tirelessly since 2014 on the incorporation in that great country. We wish to gently remind all directors and members, particularly those in United States, where the giving is more established, to intensify fund raising efforts to support our new chapter;- invariably we need donations to accomplish the lofty goals of our organization. As part efforts to hit the ground running PROFOH Ireland has indicated interest in the Partnerships for Global Health Africa Grants Programme (AGP) project that supports the training of health workers in low- and middle-income countries. The project is funded by Johnson and Johnson, the AGP engages partnerships between organizations in the UK and Ireland, and their counterparts in Africa. The long-term aims of the AGP are to save and improve the lives of women and children, prevent disease in vulnerable populations and strengthen the healthcare workforce in Africa. The AGP will support projects that mobilize UK and Irish health workers to develop the capacity of health workers in Africa through skills transfer, training, mentoring and other collaborative work. The funding will support projects designed to improve the standards of clinical training (at all education levels), the technical skills of staff, or the efficiency and capacity within healthcare systems. Our interest is on both Surgical and Anesthetic care and Community Health care.

JAN -CAMAZINE MEDICAL MISSION TO NIGERIA



Photo: Dr. Camazine and his team at the NCH Nigeria

As always, Dr Brian Camazine, President ESF and Board member PROFOH, made the early pilgrimage of the year in January, He came on time , thousands of patients waiting for surgery at the Nigeria Christian Hospital. It was a very productive trip .He and his team completed 150 surgeries-many of which were unusual. They were giant goiters which they resected. For some reason there were many pediatric emergencies-four requiring bowel resections. Thousands for clinical patients were seen and treated. The next medical mission from Brian Camazine will be back soon.

JAN -PROFOH WELCOMES THE STUDY THAT LINK LONELINESS AS DEADLY AS DIABETES

Feeling lonely can 'vastly elevate' a person's risk of heart disease, stroke and cancer, scientists warn. Lacking a network of friends or family is as dangerous to your health as a lack of physical inactivity in youth or diabetes in old age,.The study was published in the Proceedings of the National Academy of Sciences.Scientists from the University of North Carolina, United States examined the association between relationships and healthiness across each life stage.They determined that weak relationships in younger years can increase your risk of inflammation – at the same rate as lack of exercise.



Photo; Entrance of the University where the study was conducted

Furthermore, hypertension in old age is more likely to occur as a result of loneliness than clinical risk factors, including diabetes. Yet, people who have the support of loved ones are less likely to develop health conditions – and more likely to have a longer life expectancy. Dr. Kathleen Mullan Harris, of UNC and the Carolina Population Center, said: “Based on these findings, it should be as important to encourage adolescents and young adults to build broad social relationships and skills for interacting with others as it is to eat healthy and be physically active.” Previous studies found that aging adults live longer if they have more social connections. The new study builds on that research – demonstrating how social relationships reduce the risk of poor health at each stage of life. The size of a person’s social network is important for health in early and late adulthood. Social integration in adolescence was found to protect against abdominal obesity.

FEB- WHO DECLARE ZIKA VIRUS A GLOBAL PUBLIC HEALTH EMERGENCY



Photo: Dr .Margaret Chan, Director General WHO

The WHO alert puts Zika in the same category of concern as Ebola. It means research and aid will be fast-tracked to tackle the infection. The infection has been linked to cases of microcephaly, in which babies are born with underdeveloped brains. There have been around 4,000 reported cases of microcephaly in Brazil alone since October. WHO director general, Margaret Chan called **Zika an "extraordinary event"** that needed a co-ordinated response. "I am now declaring that the recent cluster of microcephaly and other neurological abnormalities reported in Latin America following a similar cluster in French Polynesia in 2014 constitutes a public health emergency of international concern. She said the priorities were to protect pregnant women and their babies from harm and to control the mosquitoes that are spreading the virus. The WHO faced heavy criticism for waiting too long to declare the Ebola outbreak a public emergency. Currently, there is no vaccine or medication to stop Zika. The only way to avoid catching it is to avoid getting bitten by the mosquitoes that transmit the infection. The WHO has already warned that Zika is likely to "spread explosively" across nearly all of the Americas. More than 20 countries, including Brazil, are reporting cases.

FEB-TALLER PEOPLE HAVE LOWER HEART DISEASE, DIABETES RISK



Photo: the German Institute of Human Nutrition where the study was conducted

IT is an attribute written into your Deoxy ribonucleic Acid (DNA) – how tall a person will be is determined before they are born. Yet, in recent decades the height of children and adults the world over has increased, with most generations reaching adulthood taller than their parents. Now, a new study has revealed how tall a person is, can have far-reaching consequences for their health. Height has an important impact on mortality, increasing the risk of a number of diseases, regardless of body fat mass and other influential factors. Past research has shown tall people have a lower risk of cardiovascular disease and type 2 diabetes than their shorter peers. Yet, the taller a person is, the greater their risk of certain cancers. Professor Matthias Schulze of the German Institute of Human Nutrition in Potsdam said: "Epidemiological data show that per 6.5cm in height the risk of cardiovascular mortality decreases by six per cent. Professor Schulze, along with colleagues Professor Norbert Stefan and Professor Hans-Ulrich Häring at the University of Tübingen, and Professor Frank Hu of the Harvard School of Public Health, suspect the increase in body height is a marker of over-nutrition of high-calorie food rich in animal protein, at different stages of growth. The findings fit in with published data that suggest tall people have relative protection against disorders of the lipid metabolism. The authors note it is the activation of the insulin-like growth factor one and two signalling pathways that is likely linked to an increased risk of certain cancers, specifically breast and colon cancer and melanoma because cell growth is permanently activated.

FEB- FIRST KADUNA STATE MEDICAL MISSION



Photo; Dr. Quartemont & Dr. Davis in the surgical theatre at Mercy Angels Hospital

Our first mission this year took place in Kaduna, Dr Quartemont led the team .PROFOH collaborated with our long standing partner Medical mission International on this mission. We are glad to inform you that the mission was successful as over 200 patients benefited from the service. The mission was in collaboration with a faith-based group called Mercy Orphanage Clinic, Rev. Tunde Bolanta the general overseer of Restoration Ministry and host of the team was handy daily to see to the smooth running of the facility. A beneficiary of the surgical outreach, Mrs Ese Amakiri who had a case of fibroid expressed her eternal gratitude to the both organizations and Dr. Quartemont. "I was earlier diagnosed with fibroid but due to the high cost of medical health care in Nigeria we just couldn't afford the cost of a surgery to see a group of highly trained professionals come here and carry out this same operation for free is beyond words. my prayer is for God to keep strengthening the group. Another beneficiary ,Mrs Mercy Ayodele who had suffered from fibroid and ovarian cyst expressed her joy after her successful surgery "I have never seen such grace and professionalism from doctors like this before ,the love they exude while working on you is more than a million bucks and to know these are done for free is over whelming. The doctors congratulated me after the surgery and said I should expect the best. I thank PROFOH for giving me hope at this point in my life when I had lost it. May God continue to replenish their efforts." For almost two week the mission lasted before the team moved to Port Harcourt ,location was New Mile I Hospital were about 50 patients were seen clinically and several surgeries performed..

MARCH -SECOND KADUNA MEDICAL MISSION

Kaduna North medical mission took place on the 29 Feb, sponsored by a Nigerian Senator, Suleiman Othman Hunkuyi, at the Senate he currently represents Kaduna North Senatorial District, he is a member of our organization. Senator Hunkuyi has been regarded many people as a "Stand out Senator" recently he offered hundreds of young men and women scholarships to enable them study abroad. The Senatorial Zone comprises of eight (8) Local Government Areas namely; Lere, Kubau, Ikara, Makarfi, Kudan, Sabon Gari, Zaria and Soba.. The mission was led by Dr. Marcie Russell, she expressed gratitude to the Senator Our Chief Host, the Executive Governor of Kaduna State Malam Nasir Ahmed El-Rufai and all the wonderful people for their leadership.



Photo; PROFOH team of Doctors in Kaduna

They made this mission one of PROFOH best in recent years. The mission was conducted at State Government owned health facilities in the eight LGAs of the senatorial zone which lasted for three weeks. At the end of the exercise 10, 987 patients benefited. Similarly 3,019 patients with optical challenges shall be issued with glasses freely. Thousands of patients with complex surgical cases were pencilled down for surgical operation schedule for June this year. There were also training session for students in the State School of Nursing

MARCH-PROFOH MARKED WORLD TB DAY WITH HIGH LEVEL ADVOCACY CAMPAIGN.

PROFOH is a leading member of WHO STOP TB Partnership. TB is a disease of poverty, it spreads like wildfire through places where nutrition is poor, living conditions are overcrowded, and treatment doesn't exist—infesting and killing millions of people in the poor nations where we work. Last year we promised to do better , with all sense of modesty, we did much more better in terms of turn out and participants. Drug –resistant TB has been a major concern to our organization



Photo: PROFOH members and other stakeholders during World TB day in Port Harcourt

With other stakeholders, ministry of health, private sector and community groups we had a huge walk over 3000 activists, government ministry , banks .telecommunication firms ,etc to raise awareness in Port Harcourt, Rivers State Nigeria , where PROFOH also Chair the TB network of the State with over 30 different organizations as members. We're aiming at helping many more patients with tuberculosis get access to TB drugs. To mark the day, PROFOH also issued a press statement. Special thanks to Mr. Muzan Messiah, our coordinator for South-South of Nigeria and Chair TB network for the superb work he did in putting the all –important event together.

MARCH- PROFOH WELCOMES US TRADE -EDUCATION MISSION TO AFRICA



Photo; The African Union Headquarters in Addis Ababa, Ethiopia

The United States wants more sub-Saharan African students coming to study at its universities. U.S. Assistant Secretary of Commerce for Industry & Analysis Marcus Jadotte is leading the first ever education trade mission to Africa this week. University overcrowding, teacher strikes and a lack of access to cutting edge research opportunities can make it hard for even the most motivated of students to get ahead in Africa. But going overseas can be even harder. Of the one million international students who studied at U.S. colleges and universities during the 2014 -2015 academic year, less than 34,000 came from Sub-Saharan Africa. The U.S. government wants to change that. He is travelled with representatives of 25 U.S. colleges and universities to recruit students and build partnerships with African universities. "Many of the universities who have traveled with us on this mission are including scholarships as a part of the conversation with students here as well," Jadotte explained. From South Africa, the delegation moved to Ivory Coast and Ghana .

PROFOH HAS BEEN INVITED BY THE UNITED NATIONS FOR NGOs BRIEFING



Greetings
from the
United Nations
Vienna

Photo: The United Nations headquarters in Vienna Austria

Our organization received a letter from the UN office in Vienna inviting us and requesting official names of delegates, PROFOH has been classified as relevant non –profit organization by the United Nations thus invited as observer for five years running and have attended three of such impressive briefing in Vienna Austria .This year briefing will be held 23,June 2016. We hereby request interested members who would like to make the official delegations of PROFOH to send their names and private emails to our secretariat not later than 1st May 2016.it shall be forwarded to the Secretariat of the Conference of the States Parties to the United Nations Convention against Corruption in accordance with resolution 4/6 entitled Non –governmental organizations and the Mechanism for the Review of Implementation. In the past, our participation has been very impressive, Two years PROFOH was selected a committee member. We look forward to rewarding outing in June. Details will be in our subsequent newsletter.

...PROFOH WILL ALSO BE AT 14TH UNITED NATIONS CONFERENCE (UNTAD)



Photo; The United Nations building

Our organization efforts to reduce global poverty is getting recognition from the world body, PROFOH has been informed about the 14th United Nations Conference on Trade and Development (UNCTAD 14), to be

held 17-22 July 2016 in Nairobi, Kenya, will provide a timely opportunity for the global community to assess the changes in economic policy needed at all levels to deliver on the 2030 Sustainable Development Agenda - and other key global commitments made in 2015. Under the overall theme "From decision to action," UNCTAD 14 will take stock of the current state of the global economy, corrective measures needed to meet the new global commitments, and the role of UNCTAD in delivering on these efforts. The subthemes of the Conference include issues related to multilateralism, inclusive sustainable economies, structural transformation, and effective implementation and follow-up of the 2030 Agenda for Sustainable Development as well as relevant outcomes from global conferences and summits - as they relate to UNCTAD mandate. In parallel to the UNCTAD 14 Conference in Nairobi, one of the four events will take place includes : a Civil Society Forum (14-21 July). Again, we call on interested members who would like to make the official delegations of PROFOH to send their names and private emails to our secretariat not later than 1st May 2016. Details will be in our subsequent newsletter.

PROFOH DELEGATION VISITED DR. LORINDA LIANG IN ACCRA



Photo; PROFOH Delegation with Dr. Lorinda Liang center in vanilla coat

Several executive members of PROFOH led by the Executive Director paid one of our own a courtesy visit in Accra Ghana visiting Dr. Lorinda Liang, she is the Chairman of USA- China International Trade and Information Office- Dept, an active PDI (Procurement Development International) Officer, Chairman of State Clinical Translational Scientific Research Foundation, doctor in medicine and humanitarian. Dr. Liang is a Board of Adviser of our organization, her humanitarian disposition is profound, she has lived a life of service to humanity. She displayed humility and kindness to the team that included other Board member Cliff Henry Jarrell, his wife, Happiness Jarrell, Ini Mkpong is a senior director PROFOH Nigeria, the team was welcomed on arrival by the PROFOH country director –Ghana Edwin Arnorg at the Accra international airport. We are proud of Dr. Lorinda Liang works in Ghana, and willing to participate in the humanitarian activities in Ghana, Nigeria and other countries in Africa, The meeting was deliberated set forth the pertaining future strategic partnership on the educational aspects for Profoh to be the mandate participant. PROFOH was incorporated in Ghana since 2010, ready and willing to participate in future projects with Dr. Liang's works, networks. As Dr. Lorinda Liang most current project assisting in building 37 Urgent Care Medical complexes throughout the 10 regions in Ghana with the most current technologies equipped ambulances, air ambulances, this project is being undertaken on the BOT/EPC China-Africa PPP program agreeable to Ghana government with USA partner, engineers joining in the near future. The project is estimated to cost over USD\$500,000,000.00 Five Hundred Million US Dollars, working closely with the Minister Hon. Segbafia's priority list of the Ghana Ministry of Health, State Clinical Translational Scientific Research of Ghana is the facilitator agent representative leading the China State Grid Dept, Pinggao group leaders working on the first stage of the project feasibility report during our last visit in Ghana. Details will be in our subsequent newsletter. Please visit the links below to have the full coverage

<http://drlorindaliang.blogspot.com/2012/01/story-kofi-yeboah-china-national.html>, www.modernghana.com/news/676429/chinese-partner-ministry-of-health-to-build-37-urgent-medi.html.

NEWS, UPDATES & EVENTS

Dr. Brain Camazine Mission at NCH –April 2016

PROFOH Medical Mission across Nigeria Nasarawa, Kaduna, Rivers State, etc

(June/July)

Governor of Kaduna State of Nigeria Receives PROFOH



Photo: PROFOH team leader Dr. Russell and Governor El Rufia and his cabinet

Our organization has a long standing relationship with many states in Nigeria and Kaduna is one of such states, We have been supporting the States efforts for many years, Governor El-Rufia used the opportunity of our Second medical mission for Kaduna to say thank you PROFOH and looking forward to working with the organization in the provision of health care, water and education.

International Civil Society Week 2016 in Bogotá, Colombia

CIVICUS and CCONG, the Colombian national platform of NGOs. Under the theme of "*Active Citizens, Accountable Actions*", ICSW 2016 will feature dozens of events organised by leading civil society organizations We look forward to welcoming you in Bogotá, Colombia from 25-28 April.2016

18-22 April: 15th Session of the Committee of Experts on Public Administration (CEPA)

The 15th session of the Committee of Experts on Public Administration of the United Nations Economic and Social Council (ECOSOC) will be held from 18 to 22 April 2016 at the United Nations Headquarters, in New York, United States of America.As approved by ECOSOC, the main issue for discussion will be "Moving from commitments to results: transforming public institutions to facilitate inclusive policy formulation and integration in the implementation and monitoring of the sustainable development goals" :PROFOH will attend electronically.

14 - 16 June: Ninth session of the Conference of States Parties to the Convention on the Rights of Persons with Disabilities

The Convention on the Rights of Persons with Disabilities was adopted by the General Assembly by its resolution 61/106 of 13 December 2006. It came into force on 3 May 2008 upon the 20th ratification. Article 40 of the Convention stipulates that "The States Parties shall meet regularly in a Conference of States Parties in order to consider any matter with regard to the implementation of the present Convention." The 9th session will take place at the United Nations Headquarters from 14 to 16 June 2016. This year's session will include Elections for nine members of the Committee on the Rights of Persons with Disabilities. PROFOH hope to be represented.

26 -29 Oct. The 47th Union World Conference on Lung Health

The World Conference is a vital meeting place for scientists, global advocates, healthcare professionals and community members working on all aspects of lung health, including TB, HIV, tobacco control and other respiratory conditions. The 2016 conference will be held in Liverpool, United Kingdom, focusing on the theme of *Confronting Resistance: Fundamentals to Innovations*.